

New York State Department of Health Adult Immunization Schedule

Vaccine	Timing of Immunizations		
Hepatitis A (Hep A) for those at risk*†	Hepatitis A vaccine is recommended for many adults, including travelers to certain areas outside the U.S.*		
	dose #1 now	dose #2 is usually given 6 months after dose #1	
Hepatitis B (Hep B) for those at risk*†	dose #1 now	dose #2 1 month later	dose #3 is usually given 5 months after dose #2
	The “flu shot” is recommended every fall for people age 50 or older; women who will be in their 2nd or 3rd trimester of pregnancy during flu season; residents of long-term care facilities; people younger than 50 who have medical problems such as heart or lung disease (including asthma), diabetes, kidney disease, or an immune system weakened by disease or medication; and for those who work with or live with any of these individuals.		
Influenza (flu shot)	One dose is recommended for those born in 1957 or later if that person has not been previously vaccinated. (A second dose of MMR may be required in some work or school settings, or recommended for international travel.) People born before 1957 are usually considered immune.		
Measles, Mumps, Rubella (MMR)	If you are a young adult going to college, ask your doctor about your risk of meningococcal disease and your need for vaccination.		
Meningococcal for those at risk*	The “pneumonia shot” is recommended one time at age 65 (or older if it was not given at 65). This shot is also recommended for people younger than 65 who have certain chronic illnesses. Some individuals with particular health risks will need a one-time revaccination dose 5 years later. Consult your doctor.		
Pneumococcal (pneumonia shot)	If you haven’t had at least 3 basic tetanus-diphtheria shots in your lifetime, you need to complete the series listed below:		And then all adults need a booster dose every 10 years
	dose #1 now	dose #2 1 month later	
Tetanus, Diphtheria (Td) often referred to as “tetanus shot”	This vaccine is recommended for those who have never had chickenpox.		
	dose #1 now		dose #2 1-2 months later

* Consult your health professional to determine your level of risk for infection and your need for this vaccine.

† If you need both hepatitis A and B vaccines, a combination product is available which is given on a 3-dose schedule. Consult your health professional.

Do you travel outside the United States? If so, you may need additional vaccines, as well as hepatitis A. The Centers for Disease Control and Prevention (CDC) operates an international traveler’s immunization hotline. Call (877) 394-8747 or visit CDC’s website at www.cdc.gov/travel to obtain information about required and/or recommended shots for your destination. You may also consult a travel clinic or your physician.

Source: Immunization Action Coalition